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PARUL INSTITUTE OF AYURVEDA & RESEARCH

ANNUAL REPORT

January 2021-December 2021

Parul Institute of Ayurveda & Research is established under parent Parul University, with a vision to build a centre for excellence in education and practice of Ayurveda, to preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The Institution aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto. This Institution was permitted in the year 17.11.2017 by ministry of AYUSH, GOI, New Delhi for intake of admission of 100 students. Institute is focusing on academic, cultural, social and research activities.

Potentials, skills of the student will be identified by the teacher and accordingly they will be motivated and guided for academic, co-curricular activities etc. our Institute concentrate on Social service under NSS by conducting rural health awareness programme, Swachata Abhiyan along with involvement of students in such activities. Culture has got significant role in the development of students personality, by keeping this in view, Institute motivates students to participate in various cultural programmes. To preserve the tradition, we celebrate Ganesha Chaturthi, Independence Day, Republic Day.

Khemdas Ayurved Hospital, teaching hospital of Parul Institute of Ayurved has been accredited by NABH (National Accreditation Board of Hospital) from 27th October 2018 and reaccreditation was received on 27th October 2021. The teaching pharmacy is also developed nicely and able to manufacture its own products.

By arranging medical camps Khemdas Ayurved Hospital has extended the health service in 49 nearby villages and around 5,640 number of beneficiaries. Feedback of health seekers of these above camps was very good.

As a part of faculty development programmes, the Institution has organised pedagogy session, various Webinars, Awareness Programmes and Guest Lecture. Details are as below:

Awareness Programme

1. On the occasion of cervical health awareness month, the department of Prasuti Tantra & Stree Roga, Parul Institute of Ayurved & Research organised different activities from 04.01.2021 onwards which includes:
 - a. Workshop on "Pap smear and its applicability on prevention cervical cancer".

Parul Institute of Ayurved & Research

Faculty of Ayurved

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19.5.22
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- b. A talk on cervical health awareness for teaching staff, medical officers, nursing staff and non-teaching staff.
2. To spread awareness about the disease Hepatitis, Offline National Level Poster Making Competition was organized on the occasion of 'World Hepatitis Day', for Students and faculties with the theme "Hepatitis Can't Wait" on 28.07.2021.
3. As a part of celebration of "Azadi ka Amrut Mahotsav" to spread the importance of AYUSH system of medicines, awareness classes and health checkup camps were conducted.
- A. Awareness classes were conducted by our faculties, in ten different higher secondary and degree educational institutions. More than 1000 students were benefitted.
 - a. Disease preventive and health promotive measures.
 - b. Creating awareness about medicinal plants.
 - c. Promoting local traditional food and lifestyle along with other programmes.
- B. Health check-up camps in various villages were conducted. In this regards 23 such camps were conducted and 3368 health seekers were benefitted.
- C. Two NSS Camp were also organised.
4. Ayu Samvad Lecture series was organized, in pursuance to the 5th Ayurveda Day 2020 theme, "Ayurveda for Covid – 19 pandemic" from 26.01.2021 to 30.04.2021 to make people aware about Ayurveda and Covid 19 pandemic. More than 80 sessions were conducted with 5012 beneficiaries.

Orientation Programme for Students:

1. Transitional Curriculum - 15 days orientation programme was organised for the first Year BAMS students. They were sensitized for the academic year with the introduction to the AYUSH system of medicine. It was held from 16.03.2021 onwards.
2. Orientation programme of three days was organised for the Second Year & Third Year BAMS students. Sensitization of students for the new academic year with introduction to the subjects was given to Students. It was held from 4th - 6th October 2021. The programme was coordinated by respective Welfare Officer.

Celebration:

1. **International Womens Day** was celebrated by the College Council and WDC, Parul Institute of Ayurved and Research for the faculties on 8.03.2021 and 09.03.2021.
2. Shishyopanayana Samskara along with Dhanvantari Homa was organized on 11.03.2021 for first year BAMS Students (2021)

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3. Department of Dravyaguna Vigyan celebrated the eve of **World Environment Day 2021**, by organizing a webinar and planting saplings of 200 different medicinal plants.
4. **International Yoga Day** was celebrated by the Department of Swasthavrutta on 21.06.2021, by conducting Yoga Sessions, according to WHO Protocol.
5. Department of Roga Nidana & Vikruti Vigyan, had arranged a webinar **World Blood Donation Day** on 14.06.2021.
6. **National Doctors Day 2021**, was observed in Parul Institute of Ayurved and Research, by felicitation to students for their tireless effort for serving the humanity in the second wave of COVID 19 pandemic and consultants for their dedication in work.
7. **“Charaka Jayanti”** was celebrated by the Department of Ayurveda Samhita & Siddhanta on 14.08.2021.
8. On the occasion of **National Sanksrit Day** Celebration Department of Ayurveda Samhita & Siddhanta organised National Level elocution competition “Samskruta Bhashamrutam 2021”, on the topic “Adhunika Samaye Samskrutasya Mahattvam” on 31.08.2021 from 9:30 AM onwards.
9. **Teachers Day** celebration was organized by the institution on 06.09.2021. The session was graced with the presence of honorable guests - Dr. Atulkumar Mafatlal Bhavsar, MD, PH.D, Director, Kanchan Hira Ayurvedic Hospital & Cancer Research Centre, Madhi, Mehsana, Gujarat; Dr. Supriya Bhalerao, Research Director. Teachers and students were benefitted with the motivational speech delivered by the resource persons.
10. On the occasion of **Foundation Day**, Technical Event Cell, Parul University organized, “Tech – Demiurge - 2021”, National Level, Shloka Recitation competition on 14.09.2021, more than 118 students from 27 various Institutions throughout India were registered and participated in the event.
11. On the occasion of **“National Ayurveda Day”** Dhanvantari Pujan was held and Sahasra Deep Prajvalan was done.
12. **World Piles Day** was observed on 22.11.2021 at Parul Institute of Ayurved and Research, Parul University.
13. **World Diabetes Day** was observed on 23.11.2021 at Parul Institute of Ayurved and Research, Parul University. To spread necessary awareness about Diabetes as a public health issue, a National Level Role Play Competition was organized.

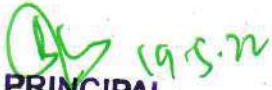
Guest Lecture:

1. CME was organized for all the faculties on the topic “Holistic Approach in the Management of Common Ano – Rectal Disorders” on 02.03.2021 by Dr. Sameer Chauhan, Manager - Scientific Services The Himalaya Drug Company.

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2. Department of PTSR organized a Guest lecture on the topic “Clinical experience in Obstetrics and Gynaecology” on 17.03.2021 by Dr Vaishali Dave, Assistant professor, Department of PTSR, J S Ayurveda College, Nadiad, Gujarat.
3. Department of Kayachikitsa organized a Guest Lecture on the topic “Case study on Kilaibya – Diagnosis and Treatment” on 19.03.2021 by Dr. Subhash Chandra Bose, Professor and Head Dept of Post Graduate Studies in Kayachikitsa, JSS Ayurved Medical College and Hospital, Mysuru, Karnataka.
4. Department of Ayurveda Samhita & Siddhanta, has organised a Guest lecture by Shri Param Dhama Das, from Hare Krishna Movement, Ahmedabad, Gujarat on the topic “The Science of Self Management” on 26.06.2021 for students of I year BAMS.
5. Department of Swasthavruttha, has organised a Guest lecture by Dr. Vaibhav Patwardhan, Assistant Professor, Parul Institute of Public Health Parul University, Gujarat on the topic “Health and Hygiene” on 30.06.2021 for students of III year BAMS.
6. Department of Swasthavrutta, has organised a Guest lecture by Dr. Vaibhav Patwardhan, Assistant Professor, Parul Institute of Public Health Parul University, Gujarat on the topic “Role of Yoga in respiratory disease” on 13.07.2021 for students of III year BAMS.
7. Department of Rachana Shareera organised a guest lecture by Dr. Seetharama P Mithanthaya, Professor, Department of Rachana Sharir, J S Ayurveda Mahavidyalaya, Nadiad, Gujarat on the topic “Memory – Is it malleable?” on 18.09.2021 for the students of I Year BAMS.
8. Department of Rachana Shareera organised a guest lecture by Dr. Sakshi P Waghmare, Associate Professor, Department of Rachana Sharir, SMBT Ayurved College, Dhamangaon, Igatpuri, Nashik, Maharashtra on the topic Spinal Cord’ on 19.11.2021
9. Department of Shalya Tantra organised a guest lecture by Dr. Gopikrishna BJ, Professor & Head, Department of Shalya Tantra, Sri Dharmasthala Manjunatheshwara College of Ayurveda & Hospital, Hassan, Karnataka on 14.12.2021
10. Department of Kayachikitsa organised a guest lecture by Dr. Shammi Rao on the topic “Introduction to organ healing using subconscious” on 16.12.2021.
11. Department of Kriya Sharira organised a seminar “Shwasana” on 28.12.2021 on the topics:
 - a. Clinical and Investigative Parameters of Respiratory System by Dr. Pratima Gupta, Associate Professor, KVG Ayurveda Medical College and Hospital, Sullia, Karnataka

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- b. Ayurvedic and Contemporary Understanding of Respiration by Dr. Sreelekshmi G., Assistant Professor, Pankajkasthuri Ayurveda Medical College and PG Centre, Thiruvananthapuram, Kerala.

Webinar:

1. Department of **Shalakya Tantra**, organized a webinar on the topic "Mind Your Migraine" by, the resource person, Dr. Rajbir Singh, Associate Professor & head, Department of Shalakya Tantra from Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur on 02.01.2021.
2. Department of **Rasashastra & Bhaishajya Kalpana**, organised a webinar on the topic "Clinical Applications Of Kupipakwa Rasayana" by, Dr. Rakesh Salve, Professor & head, department of Rasashastra & Bhaishajya Kalpana; Vice Principal, MRIAS College, Gandhinagar, Gujarat on 6.01.2021.
3. Department of **Kayachikitsa** has conducted webinar on the topic "Decoding Diabetic Retinopathy- Ayurvedic way" by, Dr. Prasad Suresh Vaidya, Chief Physician & Director, Ayurmedica Healthcare Services, Mumbai, Maharashtra on 30.01.2021.
4. Department of **Panchakarma**, organized a Webinar on the topic "Importance of Purvakarma before Shodhana" by, Vaidya Rohini Salve, Associate Professor, Department of Panchakarma, Government Akhandanand Ayurved College, Ahemdabad, Gujarat on 11.01.2021.
5. **Department of Research & Publication Cell** organized a webinar on the topic "Significance of Research and Publication" by, Dr. Girish KJ, Dean Academics & Professor, Department of Kayachikitsa, SDMCA&H, Hassan on 18.02.2021.
6. Department of **Kriya Sharir** organized a webinar on the topic "Prakruti Parikshan – A Key to Complete Health Improvement Programme" by, Vd. Sunita D Shrisath, Professor and Head Department of Kriya Sharir, Smt. KGMP Ayurved Mahavidyalaya, Charni Road, Mumbai, Maharashtra, India on 25.02.2021.
7. Department of **Roganidana Evam Vikruti Vigyan** had arranged a web conference on the topic "Roganidan: - Diagnostic approach to Udara Vyadhi" by, Dr. Manjiri S. Deshpande, M.D., Ph.D., Professor, Department of Roga Nidan Evam Vikruti Vigyan, Tilak Ayurved Mahavidyalaya, Pune, Maharashtra on 26.03.2021.
8. Department of **Shalakya Tantra**, had arranged a web conference on the topic "Clinical Applications in Otorhinolaryngology - Every patient counts- WHO safety checklist for patient safety in Otorhinolaryngology" by, Dr Yogesh Dabholkar. Professor & head, Department of ENT, D.Y Patil Medical College, Nerul, Mumbai on 24.04.2021.

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9. Department of **Panchakarma**, had arranged a web conference on the topic "Understanding of Basic Concepts to Practice Panchakarma" by, Dr. Sangeeta H Toshikhane, Professor & head, Department of Panchakarma, Parul Institute of Ayurved, Parul University, Vadodara on 26.04.2021.
10. **Department of Research & Publication**, had arranged a web conference on the topic "Phases of Clinical Trial" by, Dr. Arun Raj GR, Assistant Professor, Department of Koumarabhrutya, SDMCA&H Hassan, Karnataka on 29.04.2021.
11. Department of **Panchakarma**, had arranged a web conference on the topic "Nasya Karma - Principles & Practices", by Dr. Channabasavanna B Mashalkar, Professor & HOD, PG Department of Panchakarma, N.K. Jabashetty Ayurvedic Medical College & PG Centre, Bidar, Karnataka on 30.4.2021.
12. Department of **Kayachikitsa**, had arranged a web conference on the topic "Management of Aamavata" by, Dr. Rajesh A. Udupudi, MD, PhD (Ayurveda), Dean and Professor, Department of Kayachikitsa, JSS Ayurveda Medical College, Mysuru, Karnataka on 03.05.2021.
13. Department of **Dravyaguna Vigyan**, had arranged a web conference "Career Counselling" on the topic "Scopes for BAMS students after completing BAMS in the field of Ayurveda" by, Vaidya Rakesh Salve, Professor & HOD, Department of Rasa Shastra & Bhaishajya Kalpana; Vice Principal, MRIAS College, Gandhinagar, Gujarat on 12.05.2021.
14. Department of **Shareera Kriya**, had arranged a web conference on the topic "Muscle Physiology W.S.R. to Molecular Muscle Contraction", by, Dr. Anoop M, Associate Professor, Department of Kriya Sharira, K.J. Institute of Ayurveda & Research, Savli, Vadodara, Gujarat on 22.05.2021.
15. Department of **Ayurveda Samhita & Siddhanta**, had arranged a web conference on the topic "Understanding of Covid - 19 & Ayurveda" by, Dr. Sudarshan Hande, Associate Professor, Department of Samhita & Siddhanta, School of Ayurved, D.Y. Patil University, Nerul, Navi Mumbai, Maharashtra on 24.05.2021.
16. Department of **Koumarabhrutya**, had arranged a web conference on the topic "Nutrition & Nutritional Disorders in Children" by, Dr. Vijayalakshmi Mallannavar, Associate Professor, Department of Koumarabhrutya, SDMCA&H, Hassan, Karnataka on 28.05.2021.
17. Department of **Shalya Tantra**, had arranged a webinar on the topic "Basics of Fracture and its Management" by, Dr. Rajaneesh Giri, Professor and Head, Department of Shalya Tantra, S.D.M. College of Ayurveda, Udupi, Karnataka on 29.06.2021.
18. Department of **Roga Nidana & Vikruti Vigyan**, had arranged a webinar "World Blood Donation Day on 16.06.2021" by, Dr. Anoop M, Associate Professor, Department of Roga Nidana & Vikruti Vigyan, Parul Institute of Ayurved & Research, Vadodra.

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- a. "Rakta Basti – An Alternative Therapy For Blood Transfusion in Thalassemia" by Dr. Ram Shukla, M.D. (Panchakarma), Principal Investigator, Thalassemia Speciality Clinic, Government Akhandanand Ayurved Hospital, Ahmedabad.
 - b. "Blood Banking Techniques" by Dr. Santosh Wanave, MBBS, M.D. (Path) Founder and Director of Disha CRL Laboratories, Mumbai.
 - c. "Blood Banking Techniques" by Dr. Anand Kshite, MBBS, M.D. (Path), Krishna Laboratory and Transfusion Officer, S.B. Bajaj Blood Bank, Pandharpur.
19. On the occasion of World Environment Day 2021, Department of **Dravyaguna Vigyan**, had organized a webinar on "Environmental day and Ayurvedic thoughts", The eminent personalities for the sessions were:
- a. Dr. Vinodkumar TG Nair, BOG of CCIM Government of India; Senior Scientist JNTBGRI, Palode, Kerala as Guest of honour.
 - b. "Environment day - Ayurvedic thoughts" by, Dr. Jayan Damodaran, Professor Dept of Swastavruttha Government Ayurveda College Thiruvananthapuram, Kerala.
 - c. "Urban Waste Management" by, Dr. Priya Sunil Bhide; Pediatric Physiotherapist & Urban waste management expert.
20. Department of **Kriya Sharira**, had arranged a webinar as a part of UG webinar series on the topic "Ahara Mala", by Dr. Amit Mujumdar, Associate Professor, D Y Patil Ayurveda College, Navi Mumbai, on 03.12.2021
21. Department of **Panchakarma**, had arranged a webinar as a part of UG webinar series on the topic "Abhyantar Snehapana", by Dr. Mayura Kanoonga, Assistant Professor at Veena Vahini Ayurvedic College, Bhopal on 06.12.2021
22. Department of **Koumarabhritya**, had arranged a webinar as a part of UG webinar series on the topic "Neonatal Resuscitation", by Dr Kirti Rathod, Associate Professor, Govt Ayurved College, Vadodara, on 06.12.2021
23. Department of **Shalakya Tantra**, had arranged a webinar as a part of UG webinar series on the topic "Karna Pareekshana Vidhi", by Dr. Aiswarya P., Assistant Professor, Department of Shalakya Tantra, Pankajakasthuri Ayurveda Medical College, Kattakad, Kerala, on 11.12.2021
24. Department of **Ayurveda Samhita & Siddhanta**, had arranged a webinar as a part of UG webinar series on the topic "Samhita For Clinical Practice", by Dr. Shrinath M Vaidya, Professor, Dean Academics & Head Sri Dharmasthala Manjunatheshwara College of Ayurveda & Hospital, Hassan, Karnataka, on 16.12.2021
25. Department of **Agada Tantra**, had arranged a webinar as a part of UG webinar series on the topic "Diagnosis and Treatment of Snakebite", by Dr. Sachin Mangattu, Associate Professor & HOD, Department of Agadatantra, BG Garaiya Ayurveda College, Rajkot, Gujarat, on 22.12.2021
26. Department of **Kayachikitsa**, had arranged a webinar as a part of UG webinar series on the topic "Male Infertility" by Dr. Jibi Varghese, MD (Ayu), Professor, Parul Institute of Ayurved & Research

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Department of Kayachikitsa, D Y Patil Ayurved College and Research, Pimpri, Pune,
on 22.12.2021

27. Department of **Shalya Tantra**, had arranged a webinar as a part of UG webinar series on the topic "Basics of X-ray and it's interpretation", by Dr. Aswin Haridas Assistant Professor, Department of Shalya Tantra, SDM College of Ayurveda, Udupi, on 30.12.2021

Faculty Development Programme: As a part of Faculty Development, pedagogy sessions are been organised once in every week. Totally Twenty one sessions were conducted this year.

Research Activities:

Institution is having IIC, MHRD cell for the promotion of Innovation in research. Institution has few Research projects in its name in the year 2021 which includes eight ongoing externally funded research project; four SOIC projects funded by Government of Gujarat; five M2M I – hub funded projects; five Centre of Research for Development (CR4D) funded research project. The details are as follows:

Ongoing Sponsored Research Project:

1. "A Prospective Multicenter Interventional Placebo Controlled Randomized Double Blind Parallel Study to Assess The Efficacy & Safety of INDCA Nasal Spray in Treatment of Patients with Tension Type of Headache" sponsored by Sanjeevani Bio Lab Hyderabad with grant sanctioned of amount Rs. 1, 30,000/-.
2. "A Randomized, Double Blind, Placebo Controlled, Comparative Interventional, Multi centric Prospective Clinical Study to Evaluate Efficacy and Safety of Ayurtis Cap in Patients Suffering from Cervical Spondylitis" sponsored by Target Institute of Medical Education & Research with grant sanctioned of amount Rs. 1,48,000/- .
3. "A prospective, randomized, comparative, parallel, two arm study to evaluate the efficacy and safety of Myostaal liniment application as add on therapy for muscle strengthening in patients suffering from osteoarthritis of knee" sponsored by Solumiks Herbaceutical Limited with grant sanctioned of amount Rs. 68,380/-
4. "An Open Labelled Phase 4 Single Group Proof of concept Study to Evaluate the efficacy and Safety of Arshkyet, a 7 day kit in patients from Anal Fissures" sponsored by Solumiks Herbaceutical Limited with grant sanctioned of amount Rs. 62,260/-
5. "A prospective, randomized, comparative, parallel, 2- arm study to evaluate the efficacy and safety of a Myostaal liniment application as add on therapy for the reduction of spasticity in patients suffering from Hemiplegia" sponsored by Solumiks Herbaceutical Limited with grant sanctioned of amount Rs. 55,550/-

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6. "Clinical Study to Evaluate Effect of Menocamp Tablets in the Management of Primary Dysmennorrhea" sponsored by Solumiks Herbaceutical Limited with grant sanctioned of amount Rs. 64500/-
7. "Evaluation of efficacy and tolerability of Abhraloha tablets in iron deficiency anaemia – Phase IV study" sponsored by Shree Dhootapapeshwar Limited with grant sanctioned of amount Rs. 1,01,500/-
8. "Open Labelled Interventional Clinical Trial to Evaluate Effect of Asthiposhak Vati Tablet in the Management of Premenstrual Syndrome (PMS)" sponsored by Shree Dhootapapeshwar Limited with grant sanctioned of amount Rs. 65,500/-

Centre of Research for Development (CR4D) Funded Research Project (Parul University):

1. "An Open Labelled Randomised Comparative Clinical Study of Effect of Pooga Paaka and Pathyadi Kashaya in Migraine without Aura" sponsored by CR4D, Parul University with grant sanctioned of amount Rs.50,000/-.
2. "Pharmaceutical Analytical and Interventional Study of Darvyadi Granules in Iron Deficiency Anemia - A Pilot Study sponsored" by CR4D, Parul University with grant sanctioned of amount Rs. 50,000/-
3. "Qualitative & Quantitative Comparative Study on the Efficacy of Kunapajala Therapy in Cultivation of Roots of Vetiveria Zizinoïdes as Per Surpala Nighantu" sponsored by CR4D, Parul University with grant sanctioned of amount Rs. 40,000/-
4. "An Interventional Study to Assess the Agumenting Effect of Balachaturbhadra Arka in Grade I & II Under Nutrition in Children Attending Anganawadi" sponsored by CR4D, Parul University with grant sanctioned of amount Rs.30,000/-
5. "A Control Clinical Study of Effect of Saptachakra Ghanavati Anti-Spasmodic Dysmenhorrea" sponsored by CR4D, Parul University with grant sanctioned of amount Rs.30,000/-

Student Research Activity:

To inculcate research attitude in students, the Institution motivates students towards it. In this direction students have applied for **SSIP-SOIC** research projects sponsored by **I – Hub, Government of Gujarat**. Thus four SSIP – SOIC research projects were sanctioned. The details are as follows:

1. "Herbal Hair lotion – one remedy for many hair problems" with Dr. Prasanna Mathad as mentor and Tehesin Banu as Team Leader with grant sanctioned of amount Rs. 75,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.

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2. "Herbal Analgesic Adhesive Plaster" with Dr. Prasanna Mathad as mentor and Mr. Dharmendra Pal Singh as Team Leader with grant sanctioned of amount Rs. 50,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.
3. "Herbal Eye Liner – Boon in the Effective Management of Computer Vision Syndrome" with Dr. Prasanna Mathad as mentor and Ms. Devanshi Raval as Team Leader with grant sanctioned of amount Rs. 45,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.
4. "Herbal Eyedrops – for Eyestrain and Computer Vision Syndrome (CVS) Care" with Dr. Prasanna Mathad as mentor and Sandigada Sagar as Team Leader with grant sanctioned of amount Rs. 42,000/- sponsored by I – Hub, SSIP – SOIC – Government of Gujarat.

EDC Cell Parul University motivated students towards their participation in M2M proposal. Nearly 32 proposals were submitted and five of it were selected. The details are as follows:

1. "Mishi nasal drops for PCOS" with Dr. Jayasheela M Goni as mentor and Abhi Sonani as Team Leader with grant sanctioned of amount Rs. 50,600/- sponsored by M2M (i-hub), Govt. of Gujarat.
2. "Ayurvedic formulation in effective management of Parkinson's disease" with Dr. Vaishali Deshpande as mentor and Patel Dhruvin Manojkumar as Team Leader with grant sanctioned of amount Rs. 66,500/- sponsored by M2M (i-hub), Govt. of Gujarat.
3. "Medhyasrishti Rasayan (herbal solution for ADHD)" with Dr. Eshwari Salian as mentor and Drashti Gameti as Team Leader with grant sanctioned of amount Rs. 50,600/- sponsored by M2M (i-hub), Govt. of Gujarat.
4. "Gynae kit (herbal solution for PCOS) " with Dr. Sarita Ohol as mentor and Isha Ahir as Team Leader with grant sanctioned of amount Rs. 55,897/- sponsored by M2M (i-hub), Govt. of Gujarat.
5. "Nano formulation of Vitamin D in softgel capsules (A nutrition supplement)" with Dr. Suvarana Meshram as mentor and Hitashree Prajapati as Team Leader with grant sanctioned of amount Rs. 45,050/- sponsored by M2M (i-hub), Govt. of Gujarat.

STUDENT CORNER:

- Sagar Sandigada, Manthan Desai, Yash Acharya, Kunal Karanke, Vishnu Prajapati, Shubham; students of 4th year BAMS, were felicitated by the Institution, for their tireless effort for serving the humanity during the second wave of COVID 19 pandemic.

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- Ms. Vaidehi Shewale, student of II Year BAMS has secured 1st rank in elocution competition in All India inter collegiate completion, organized by Ashtanga Ayurveda Mahavidyalaya, Pune.
- Ms. Hitashree Prajapati student of II Year BAMS has secured 1st rank in Essay Competition in All India inter collegiate competition organized by Ashtanga Ayurveda Mahavidyalaya, Pune.
- Ms. Khushali Kashyap Trivedi student of I Year BAMS has secured 2nd place in spot Poetry Competition in the three days state NSS Day Celebration organised by NSS Cell, Department of higher & Technical Education, Government of Gujarat from 22.09.2021 to 24.09.2021.
- Oza Shruti student of I Year BAMS has secured 2nd place in solo song in the three days state NSS Day Celebration organised by NSS Cell, Department of higher & Technical Education, Government of Gujarat from 22.09.2021 to 24.09.2021.
- Ved Purohit, student of I year BAMS has secured 2nd place in National Level elocution competition "Samskruta Bhashamrutam 2021", on the topic "Adhunika Samaye Samskrutasya Mahattvam" on 31.08.2021.

FACULTY CORNER

Publication: Published 35 research & review articles. Five books and three Chapters.

List of Publication:

Sl.	Title of paper	Name of the author/s	Department of the teacher	Name of journal	Indexing
1	Study of Rasayana Chikitsa through Dhatu Parinaama Nyaya W.S.R. to Stem Cells	Dr. N. Raju	Kriya Shareera	International Journal of Research in Pharmaceutical Sciences	Scopus
2	A Case Study of Acute Renal Failure (Mutraghata And Its Management by Ayurved.	Dr. Hrishita Dahilekar	Roga Nidana & Vikruti Vigyan	European Journal of Molecular & Clinical Medicine	Scopus
3	Review on Traditional Diagnosis and Management of Snakebite in Ayurveda	Dr. Manuprasad	Agada Tantra & Vyavahara Ayurveda	International Journal of Research in Pharmaceutical Sciences	Scopus
4	Handling Methods of Laboratory Rats (Wistar - Albino)	Krishna Thorat	Roga Nidana	International Journal of Research and Analytical Review	UGC Care
5	Application of Shabda Pramana (Verbal Testimony) in Scientific Teaching And Learning Methodology in Ayurveda	Dr. Manisha Dughav	Ayurveda Samhita & Siddhanta	International Journal of Multidisciplinary Educational Research	Scopus, UGC

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6	Basic Understanding of Certain signs And Symptoms Indicating Near Fatality (Arista) With Special Reference To Prameha (Diabetes) In Ayurveda	Dr. Divya B	Panchakarma	European Journal of Molecular & Clinical Medicine	Scopus indexed
7	Effect of Brahmana Nasya Karma in the Management of Avabahuka - A review Study	Dr. Divya B	Panchakarma	European Journal of Molecular & Clinical Medicine	Scopus indexed
8	A Critical Study on Roga Marga in Ayurveda with special Reference to Madhyama Roga Marga	Dr. Prasanth R K	Dravyaguna Vigyan	International Journal of Research in Pharmaceutical Sciences	Scopus Indexed
9	A Critical review on Vrischika Visha W.S.R.To Keraliya Visha Chikitsa	Dr. Suwarna M, Dr. Prasanth R K	Dravyaguna Vigyan	International Journal of Research in Pharmaceutical Sciences	Scopus Indexed
10	Insight into Traditional Dosage Forms in Light of Ayurvedic Pharmaceuticals	Dr. Rakesh B, Dr. Nisha M	RSBK, KC	International Journal of Pharmaceutical Research	
11	Immunity - The Ayurveda Notion	Dr. Akshar Kulkarni	Shareera Kriya	Ayurpub	
12	Ayurveda Review on Recipes of Non - Vegetarian Diet	Dr. Manisha Dunghav	Ayurved Samhita & Siddhanta	International Journal of Multidisciplinary Educational Research	
13	A Review on Vishamjwarasamprapti in Bhel Samhita With Special Reference to Cytokin Release Syndrome (CRS)	Dr. Harshita	Roga Nidana & Vikruti Vigyan	European Journal of Molecular & Clinical Medicine	Scopus
14	An Overview on Chaturvidha Sneha (Ayurvedic Classical Four Types of Fats) In Sutikaparicharya (Puerperium)	Dr. Sarita Ohol, Dr. Manisha Dunghav	Kriya Shareera	International Journal of advanced Research (IJRAR)	-
15	Effect of Yoga Basti I the management of Sandhivata a clinical study	Dr. Anagha M, Dr. Prasanna M	Agada Tantra & Vyavahara Ayurveda	Journal of Pharmaceutical research International	Web of science
16	Scientometric Study on Dyslipidaemia	Dr. Vaishali Deshpande	Kayachikitsa	Journal of Pharmaceutical Research International	Web of science
17	A Review Concept of Kleda in Ayurveda Literature	Dr. Hrishita Dahelkar	Roga Nidana & Vikruti Vigyan	Journal of Emerging Technologies and Innovative Research	
18	A Critical Interpretation on Pandu (Anaemia) - A Silent Killer	Dr. Hrishita Dahelkar	Roga Nidana & Vikruti Vigyan	Journal of Emerging Technologies and Innovative Research	
19	A Literary Study on Stahaulya in Modern Era - A Brief Review Study	Dr. Hrishita Dahelkar	Roga Nidana & Vikruti Vigyan	Journal of Emerging Technologies and Innovative Research	

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20	Ayurveda Management of Kampavata with special reference to Parkinson's Disease- A Single Case Study	Dr. Nandkishore Umale	Panchakarma	International Journal Of Ayush Case Reports (IJA-Care),	Publon
21	Ancient Overview of Modern Genetics as per Ayurveda: A Review	Dr. BG Kulkarni	Shareera Rachana	Journal of Pharmaceutical research International	Web of science
22	Yoga For Pregnant Women-A Practical Approach	Dr. Manjula K	Ayurveda Samhita & Siddhanta	Journal of Pharmaceutical research International	Web of science
23	Anti Hepatotoxic Effect of Vananimbuka (Glycosmis pentaphylla Retz.)	Dr. BG Kulkarni	Shareera Rachana	Journal of Pharmaceutical research International	Web of science
24	Efficacy of Indukanta Ghritam in the Management of Jirna Urdhwaga Amlapitta : A case report	Dr. Shinsha	Kayachikitsa	Journal of Ayurveda Case Reports Ayucare	Medknow
25	Effect of Mental Status of Mother on Foetal Health - An Ayurvedic Point of View	Dr. BG Kulkarni	Shareera Rachana	Journal of Pharmaceutical research International	Web of science
26	Utility of Pramana in Ayurveda - A Review	Dr. Manjula K	Ayurveda Samhita & Siddhanta	Journal of Pharmaceutical research International	Web of science
27	Review on Abhrasindoora: A Sublimated Mercurial Formulations as a Herbo - Mineral Metallic Compound for Respiratory Ailments	Dr. Rakesh, Dr. Nisha	RSBK, KC	Journal of Pharmaceutical research International	Web of science
28	Effect of Deha Prakruti on Intelligence - An Appraisal	Dr. N.Raju	Kriya Sharir	International Journal of Ayurvedic Medicine	UGC Care
29	Ayurvedic Management of Pakshaghata (Left Hemiplegia) - A Case Study	Dr. Divya B	Panchakarma	International Journal of Ayurvedic Medicine	Web of science
30	Chitta Parikarma of Yoga Darshana And its Application in the Ayurveda	Dr. Akshar Kulkarni	Kriya Shareera	International Ayurvedic Medical Journal	
31	Parinama Vada - "The Law of Transformation in Ayurveda	Dr. Anagha M, Dr. Prasanna M	Ayurveda Samhita & Siddhanta	International Journal of Multidisciplinary Educational Research	Publon
32	A Cross Sectional Study of Analysis of Urine as the Diagnostic Tool for Prameha Nidan	Dr. Akshar Kulkarni	Kriya Shareera	International Journal of Biology, Pharmacy and Allied Sciences	Web of Science
33	Comparative Evaluation of Effect of Heavy Vehicle Driving and Other Professions as causative Factor of Osteoarthritis of knee - An Observational Cross - Sectional Pilot Study	Dr. B G Kulkarni	Shareera Rachana	Journal of Ayurveda	UGC, Medknow

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34	Effect of Vata Dosha on Intelligence Quotient and Emotional Quotient	Dr. N. Raju	Shareera Kriya	Journal of Pharmaceutical research International	Web of science
35	Review on Urinary Tract Infection Related to Herbal Products	Dr. Naresh Kore	Kayachikitsa	Turkish Journal of Physiotherapy and Rehabilitation	SCOPUS

List of Books and chapters published:

Sl.	Name of the teacher	Title of the book/chapters published	Title of the paper	ISBN/ISSN number of the proceedings	Name of the publisher
1	Dr. Akshar Kulkarni	Physical Examination of Urine - Ayurvedic Perception of Prameha		9789355150530	Book Rivers Publication,
2	Dr. Prasanth R K, Dr. Suwarna M	Research in Ayurveda- Perspectives and trends 2021	A Review on ancient cultivation techniques in 'Vruksha Ayurveda' W.S.R. To Kunapajala	978-81-948175-6-7	CISSA, Kerala
3	Dr. Akshar Kulkarni	Kriya Sharir Shlokavali		9788195265886	Chaukambha Publications
4	Dr. Akshar Kulkarni	Ill Effects of Holding Urge of Defecation on Digestion From Ayurveda Point of View		9789355150776	Book Rivers
5	Dr. Divya B	Pivotal Role of Jatamayadi And Devadarvadi Upanaha Sweda in Janusandhigata Vata		978-93-5515-083-7	Book Rivers Publication, Lucknow
6	Dr. B.G. Kulkarni		Exploration of Ancient Wisdom of Clinical Genetics in Ayurvedic Classics	978-93-5547-035-5	Current Aspects in Pharmaceutical Research and Development
7	Dr. Naresh Kore	Low Backache An Ayurveda View		978-93-84810-44-3	Maitri Prakashan

Presentations: Eight faculties have presented paper in various seminars held in Parul University and outside the Parul University.

CME: Fifteen faculties have attended CME for teachers in organised by various colleges sponsored by RAV, New Delhi

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Achievements:

Awards:

1. Dr. Prasanna Mathad, Dr. KL Mahajan, Dr. Vaishali Deshpande, Dr. Divya B, Dr. Mauli Vaishnav was felicitated with Late Dr. JK Patel Award, Parul University.
2. Dr. Bhavin Dhanawade & Dr. Manisha Dunghav received "Faculty Appreciation Award" on Doctors Day celebration held at Parul Institute of Ayurved & Research, Parul University.
3. Dr. Prasanna Mathad received Indian Glory Award 2021 for Innovation and Research in Ayurved/ AYUSH Care System; IGA Conference 2021.
4. All the faculties were awarded for their excellence in their respective fields by Gujarat Board of Ayurvedic Studies in the month of November 2021

Resource Person:

- Dr. BG Kulkarni, Principal, PIAR was invited as Resource Person in a National Training Programme jointly organised by RAV, CCIM, AIIA from 27.01.2021 – 29.01.2021 for three days training programme for Ayurveda Teachers on Rachana Shareera.
- Dr. Naresh Kore, Professor, Department of Kayachikitsa was invited as Resource Person in a CME on Thyroid disorders organised by Parul Institute of Ayurved, Parul University on the topic "Ayurved approach to thyroid disorders", on 22.01.2021.
- Dr. Hrishita Dahelkar Professor and Head department of Roga Nidan & Vikruti Vigyan was invited as resource person in Single lecture series organised by Academy of Rognidan on 23.01.2021 on the topic "Pap Smear".
- Dr. Hrishita Dahelkar Professor and Head department of Roga Nidan & Vikruti Vigyan was invited as a resource person for a Workshop on "Pap Smear Procedure & its applicability in prevention of cancer" on 07.01.2021 organised by Parul Institute of Ayurveda & Research.
- Dr. Hrishita Dahelkar Professor and Head department of Roga Nidan & Vikruti Vigyan was invited as a resource person for a Webinar on "Applicability of Pap smear for the prevention of cervical Cancer" on 21.01.2021 organised by Vibrant Nursing College, Surat
- Dr. Prasanth R. Krishnan Associate Professor, Department of Dravyaguna Vigyan delivered invited lecture on Diverse Phases of Ayurveda in the scientific session of the International Ayurveda Seminar organized in connection with the Fourth Global Ayurveda Festival – Virtual Conference and expo with the topic of presentation "A

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- review on ancient cultivation in Vrikshayurveda W.S.R.to Kunapajala” on 18.03.2021.
- Dr. Akhi Radhakrishnan, Assistant Professor, Department Shalya Tantra of delivered her expertise in a webinar organized by Faculty of Ayurved, Parul Institute of Ayurved, Parul University in association with National Sushruta Association on the topic “Blood Letting Therapy in current surgical practice” on 19.03.2021.
 - Mr. Tejas Vyas Lecturer, Department Ayurveda Samhita & Siddhanta was invited as resource person in a National Webinar organized by Desai Chandulal Manilal Arts & Commerce College, Viramgam and Sanskrit Sahitya Academy, Gandhinagar on Kalidas & Kabir: A Study; held on 06.03.2021, the topic of presentation was “Kalidas Ke Natakon Mein Loka Vyavahar”.
 - Dr. Akhi Radhakrishnan, Assistant Professor, Department Shalya Tantra delivered her expertise in a webinar organized by Faculty of Ayurved, Parul Institute of Ayurved, Parul University in association with National Sushruta Association on the topic “Ayurvedic view on prevention and management of common diseases of urinary system” on 02.04.2021.
 - Dr. Divya B Assistant Professor, Department Panchakarma, was invited as resource person for Transitional curriculum organized by Faculty of Ayurved, Gokul University, Gujarat on the topic “Clinical Case Study” on 10.04.2021.
 - Dr. Chandrakant Pawar, Associate Professor, Department Shalya Tantra delivered his expertise in a webinar organized by Faculty of Ayurved, Parul Institute of Ayurved, Parul University in association with National Sushruta Association on the topic “Viddha Karma and its Role in Commonly Occurring Musculoskeletal Disorders” on 09.04.2021.
 - Dr. Akshar Kulkarni, Associate Professor, Department Kriya Sharir was invited as resource person for online webinar at Dhanvantari Ayurved Medical College, Udgir, Maharashtra; on the topic “Role of Sara in Ayurveda and its Clinical approaches” on 19.04.2021.
 - Dr. Akshar Kulkarni, Associate Professor, Department Kriya Sahrir was invited as resource person for National Webinar on Applied Aspects of Pranavaha Srotas (Respiratory System) organized by Dhanwantari Ayurved Medical College & Charitable Hospital, Udgir, District, Latur, Maharashtra on the topic “Appraisal of Vata – Liability of Respiratory System” on 22.04.2021.
 - Dr. B.G. Kulkarni, Principal, PIAR delivered his expertise in a National webinar organized by Department of Sahreera Rachana; Shree Jagadguru Gavisiddheshwar Ayurvedic Medical College & Hospital Gavimath Campus Koppal on the topic “Understanding of Kala Shareera and its clinical Application” on 08.05.2021.

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Dr. B.G. Kulkarni
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- Dr. B.G. Kulkarni, Principal, PIAR delivered his expertise in an International webinar E – Samshodhana 2.0 – 2021, Synopsis and scientific writing; organized by Department of Research & Development; Shri Dharmasthala Manjunatheshwara College of Ayurveda & Hospital, Hassan, Karnataka; on account of Silver Jubilee Celebration of Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru; on the topic “Research areas in Shareera Rachana” on 17.05.2021.
- Dr. Manisha Dunghav Professor and head, Department of Ayurveda Samhita & Siddhanta was invited as resource person, in a lecture series organized by Vishwa Ayurveda Parishad, New Delhi, Vidyarthi Prakoshta, on the topic “Relevance of Indriyasthan in the prognosis of Diseases in Present Era – A Review” on 29.05.2021.
- Dr. Deepthi Viswaroopan, Assistant Professor, Department of Koumarabhrutya, PIAR was invited as a resource person, in a Webinar organized by Shri Bhanwar Lal Dugar Ayurveda Vishwabharati, Sardarshahar, Rajasthan, on the topic “Covid 3rd wave – An Ayurvedic shield for children” on 09.06.2021.
- Dr. N. R. Navoday Raju, Assistant Professor, Department of Kriya Sahrira, PIAR was invited as a resource person, in a Webinar, “Prabodha Webinar Series” organized by Government Ayurveda Medical College, Bengaluru, Karnataka, on the topic “Physiology Of Fluid And Electrolyte Balance” on 12.06.2021.
- Dr. B.G. Kulkarni, Principal, PIAR was invited as a resource person, in a webinar “Indriyamrutam – Exploring the Knowledge of Senses” organized by Department of Rachana Sharira, Ayurveda Mahavidyalaya & Hospital, Hubli, on the topic “Anatomy of Skin” on 18.06.2021.
- Dr. B.G. Kulkarni, Principal, PIAR was invited as a resource person, in Late. Prof. DG Thatte Memorial online lecture series on “Vyavaharik Sharir (Applied Anatomy)” organized by P.G. Department of Rachana Sharira, Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur, on the topic “Surgico Anatomical Concept of Marmas” on 16.06.2021.
- Dr. B.G. Kulkarni, Principal, PIAR was invited as a resource person, in a webinar “Prabodha Webinar Series” organized by Department of Rachana Sharira, Government Ayurveda Medical College, Bengaluru, on the topic “Understanding the Kala Sharira and its Applications” on 10.07.2021.
- Dr. Manjula K, Associate Professor, Department of Ayurveda Samhita & Siddhanta, PIAR was invited as a resource person, in an International Webinar Series – Samsiddhi 2021, organized by SVM Ayurvedic Medical College & Post Graduate Research Centre, Ilkal, Karnataka, on the topic “Utility of Pramana in Ayurveda” on 16.07.2021.

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- Dr. B.G. Kulkarni, Principal, PIAR was invited as resource person in an International Conference Samsiddhi 2021 organized by Ayurveda College Coimbatore on the topic "Surgico anatomical concept of Marma" on 18.08.2021
- Dr. Krishna Thorat, Associate Professor, Department of Roga Nidana & Vikruti Vigyan, PIAR was invited as a resource person, in a national level webinar on "Clinical Aspects of Roganidana Evum Vikruti Vigyan" organized by Department of Roganidana Evum Vikruti Vigyan, Aryangla Vaidyak Mahavidyalay, Satara, on the topic "Clinical Interpretation of Blood Indices" on 04.09.2021.
- Dr. Hrishita Dahelkar, Professor, Department of Roga Nidana & Vikruti Vigyan, PIAR was invited as a resource person, in national Webinar organized by Department of Roga Nidana & Vikruti Vigyan, DY Patil Deemed to be University, School of Ayurveda, Navi Mumbai, on the topic "Ayurvedic Perspective of Portal Hypertension with special reference to Yakritdalyodar" on 08.09.2021.
- Dr. Nandkishore Umale, Associate Professor, Department of Panchakarma, PIAR was invited as a resource person, in a webinar organized by Department of Panchakarma & IQAC, Smt. Vimladevi Ayurved Medical College & Hospital, Wandhari, Chandrapur, on the topic "Application of Swedana in Clinical Practices" on 09.09.2021.
- Dr. Nandkishore Umale, Associate Professor, Department of Panchakarma, PIAR was invited as a resource person, in a National webinar on "Applied aspects of Virechana" organized by Department of Panchakarma, Krishna Ayurvedic Medical College & Hospital, Sankeshwar, Karnataka, on the topic "Concept of Virechana" on 27.09.2021.
- Dr. Akshar Kulkarni, Associate Professor, Department of Kriya Shareera, PIAR was invited as a resource person, in a webinar organized by SMBT Ayurved College & Hospital, Nashik on the topic "Importance of Vibhakti & Sandhi in Samhita" on 06.09.2021.
- Dr. Divya B, Associate Professor, Department of Panchakarma, PIAR was invited as a resource person, in a CME for faculties and general practitioners organized by Faculty of Ayurved, Parul Institute of Ayurved, Parul University, Vadodara, Gujarat, on the topic "Panchakarma" on 26.09.2021.
- Dr. B.G. Kulkarni was invited as resource person in a National webinar on Neuroanatomy 2021 in commemoration of Late Prof. Dr. MP Erande organized by MAM'S Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar, Pune.
- Dr. Dhaivat M. Vora Professor & Head, Department of Swasthavrutta was invited as resource person in a Ayush Samvridhi National webinar on "Holistic Heart Care" on 29.09.2021.

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- Dr. Ramen Santra, Associate Professor, Department of Swasthavrutta was invited as resource person in a National webinar series on the occasion of Azadi Ka Amrut Mahotsav organized by Sanskriti Ayurvedic Medical College & Hospital; on the topic "Management of obesity through Diet, Yoga and Lifestyle Modifications" on 30.10.2021.
- Dr. Eshwari Saliya, Assistant Professor, Department of Shalakya Tantra was invited as resource person in a webinar series of Shalakya Tantra organized by Department of Shalakya Tantra, Faculty of Ayurved, Parul University; on the topic "Seeing – A Healer" on 10.11.2021.
- Dr. Prasanna Mathad, Professor, Department of Rasa Shastra & Bhaishajya Kalpana was invited as resource person in a webinar organized by Indo – Nepal Ayurveda Cooperation Campaign (INACC); on the topic "Importance of Pathya Kalpana (Dietic Preparation) in Asthama" on 05.11.2021.
- Dr. Prasanna Mathad, Professor, Department of Rasa Shastra & Bhaishajya Kalpana was invited as resource person in a National Level webinar "Kalpanamrutam" organized by Department of Rasashastra & Bhaishajya Kalpana, SBG Ayurvedic Medical College And Hospital, Belagavi, Karnataka; on the topic "Parpati Kalpana – A Penicillin Formulation in GIT Health Care" on 26.11.2021.
- Dr. Jayasheela M Goni, Professor, Department of Prasuti Tantra & Stree Roga was invited as resource person in 45th International Conference "Ayurveda & Kidney Care" organized by Global Ayurveda Conferences, LLC & Hosted by AAPNA – Association of Ayurvedic Professional of North America, Inc. USA; on the topic "Ayurveda Solution for Urolithiasis: Palash Pushpa Kwatha (Butea monosperma flowers decoction)" on 02.12.2021.

Ph.D. Webinar series:

- Dr. Ravi Joshi, Assistant Professor, Department of Rachana Sharir, delivered his expertise on the topic "Shatchakra & their Clinical Aspect" on 05.10.2021 in Ph.D. webinar series organised by Department of Rachana Sharir, Faculty of Ayurved, Parul University.
- Dr. Nimesh Sangode, Associate Professor, Department of Rachana Sharir, delivered his expertise on the topic "Conceptual Understanding of Agni" on 26.10.2021 in Ph.D. webinar series organised by Department of Rachana Sharir, Faculty of Ayurved, Parul University.
- Dr. Sarita Ohol, Professor, Department of Kriya Sharir, delivered his expertise on the topic "Cranial Nerve and their Applied aspect" on 19.10.2021 in Ph.D. webinar series

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- organised by Department of Kriya Sharir, PIAR (Ayurved), Faculty of Ayurved, Parul University.
- Dr. Mauli Vaishnav, Assistant Professor, Department of Prasuti Tantra & Stree Roga, delivered her expertise on the topic “Critical Review on Popular Ghrita Kalpana in Clinical Practices of PTSR” on 28.10.2021 in Ph.D. webinar series organised by Department of Prasuti Tantra & Stree Roga, Faculty of Ayurved, Parul University.
 - Dr. Manuprasad KS, Assistant Professor, Department of Agada Tantra, delivered her expertise on the topic “Traditional Vishachikitsa Sampradaya” on 02.12.2021 in Ph.D. webinar series organised by Department of Rognidan Evum Vikritivigyan, Faculty of Ayurved, Parul University.
 - Dr. Krishna Thorat, Associate Professor, Department of Rognidan Evum Vikritivigyan, delivered her expertise on the topic “Morphological abnormalities of Red Blood Cells” on 13.12.2021 in Ph.D. webinar series organised by Department of Rognidan Evum Vikritivigyan, Faculty of Ayurved, Parul University.

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